

GRFC-GLFL CANTEEN MENU

WEEK 1

DATE	OPTION 1	OPTION 2
LUNDI 4	DAOUD BACHA	MOUJADRA SAFRA
MARDI 5	POULET SUPREME	ZUCCHINI STEW
MERCREDI 6	ORIENTAL CHICKEN	PIZZA
JEUDI 7	KEBBEH BI LABAN	MOUDARDA
VENDREDI 8	SAYADIEH FISH	PASTA RED SAUCE

WEEK 2

DATE	OPTION 1	OPTION 2
LUNDI 11	CURRY CHICKEN	VEGGIES PASTA
MARDI 12	CHICKEN MLOUKHIYE	LENTILS WITH SOUR
MERCREDI 13	CHICKEN SWEET AND SOUR	POTATOES SOUFFLE
JEUDI 14	BERYANI CHICKEN	VEGGIES NOODLES
VENDREDI 15	POTATOES GRATINI	SAFRRON FISH

GRFC-GLFL MATERNELLE MENU

WEEK 1

DATE	PLAT DU JOUR
LUNDI 4	MOUJADRA SAFRA
MARDI 5	ZUCCHINI STEW
MERCREDI 6	ORIENTAL CHICKEN
JEUDI 7	KEBBEH BI LABAN
VENDREDI 8	PASTA RED SAUCE

WEEK 2

DATE	PLAT DU JOUR
LUNDI 11	MOUDARDA
MARDI 12	CHICKEN MLOUKHIYE
MERCREDI 13	VEGGIES PASTA
JEUDI 14	POTATOES SOUFFLE
VENDREDI 15	CHICKEN BERYANI