

GRFC-GLFL CANTEEN MENU

15 TILL 18 DECEMBER

DATE	OPTION 1	OPTION 2
LUNDI 18	RIZ 3E DJEJ	YA5NET AL KHODRA
MARDI 19	LEMON CHICKEN	MOUDARDARA
MERCREDI 20	CHICKEN PESTO PASTA	VEGGIES RICE
JEUDI 21	POLET SUPREME	PASTA RED SAUCE

GRFC-GLFL MATERNELLE MENU

15 TILL 18 DECEMBER

DATE	PLAT DU JOUR
LUNDI 18	GRATTIN KHODRA
MARDI 19	MOUDARDARA
MERCREDI 20	CHICKEN VEGGIES RICE
JEUDI 21	PASTA RED SAUCE